

Hy-Spy

Fall 2012

Hy-Spy

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President's Perspective-

Mary Sue McFarland

BLAZING TRAILS FOR DENTAL HYGIENE

Where do you envision "your" profession of Dental Hygiene for the future? Increased job opportunities, alternative work environment, possible future of the profession...the future is as new as tomorrow

"Look to the future, because that is where you'll spend the rest of your life" George Burns

Dental Hygiene is changing around us. Several states are addressing collaborative practice for dental hygiene and scope of practice for Dental Hygiene. There are many avenues expanding the profession of Dental Hygiene. For an interesting look at the possible future of dental hygiene read the "environmental scan" on the ADHA website, www.adha.org.

"You are never too old to set another goal or to dream a new dream" Les Brown

Tennessee is approaching a new trail for dental hygiene to expand "your" horizons. The newest bill TDHA presented this last legislative session is a gate opener to collaborative practice in our state. This bill is an increase in access to care for the needy and increased awareness of the importance of dental health to total health.

"The most important thing about motivation is goal setting. You should always have a goal" F.L. Smith

Where will the future and expansion of dental hygiene lead your goals and dreams? One step at a time we are increasing our presence in the community. With the determination and motivation of TDHA, goals can be accomplished.

"the difference between stumbling blocks and stepping stones is how you use them"



ADHA is "your" professional organization! TDHA is looking out for the best interests of ALL hygienists in the state. The most important ingredient is the need for increasing ADHA membership to accomplish desired goals. ADHA membership is worthy of the cost to protect and advance **"YOUR"** profession of dental hygiene.

"Alone we can do so little; together we can do so much" Helen Keller

All of us are the same; we just have different traits and personalities. The only difference is taking the initiative. How important is your profession? Are you willing to put an effort into advancing and protecting your most valuable asset? Are you willing to volunteer to your association for the good of your profession? Is your profession worth it? TDHA needs your assets!!

"Don't be a spectator; don't let life pass you by" Lou Holtz

TDHA works as a "team" to accomplish a common mission. "To improve the public's total health, the mission of TDHA is to advance the art and science of dental hygiene by ensuring access to quality oral health care, increasing awareness of the cost-effective benefits of prevention, promoting the highest standards of dental hygiene education, licensure, practice, and research, and representing and promoting the interests of dental hygienists. (continued page 2)

ADHA Delegate Report — District VI — Carmen R. Pinkston

Prior to attending the ADHA annual session, District VI (composed of Tennessee, Arkansas, Louisiana, Mississippi, and Alabama) gathered together in Lafayette, Louisiana to review, discuss, and reach a consensus on the proposed resolutions and Bylaw changes. We also took the time to renew friendships; began new sustainable relationships; and reflected on the varied changes, frustrations and successes that are occurring within our District.

District VI was represented by **Tennessee Delegates:** Carmen R. Pinkston, Kelly Gross, Susan Melton, and Diana Saylor; **Arkansas Delegates:** Mitzi Efurud and Carol Amerine; **Mississippi Delegate:** Bethnie Hitt; and **Louisiana Delegates:** Jennifer Segura, Christy Wilson and Tammie Nelson.

District VI said goodbye to Trustee Victoria Richards who so aptly represented us for the past 4 years. We will miss her

dedication and leadership. Three candidates vied for the position of District VI Trustee, Donnella Miller, Diana Saylor, and Mitzi Efurud.

Tennessee is well-represented in District VI and ADHA

Congratulations to new District VI Trustee Donnella Miller

Finally, I extend a hearty congratulations to those in District VI who have been appointed to ADHA Councils for the fiscal year July 1, 2012–

June 30, 2013:

Council on Policy and Bylaws: Diana Saylor—TN

Council on Public Relations: Mary Sue McFarland—TN

Council on Regulation and Practice: Carmen R. Pinkston—TN

Committee on National Board: Mitzi Efurud—AK

2012 TDHA ANNUAL SESSION AWARD WINNERS

Cashion-Schmidt Award—
Beth Casey-Thompson (230 CE Hrs)

Dental Health Education Award—
Dr. Shelley Diviney

Mary Lou Marabito Award—
Frieda Pickett

TDHA Outstanding Dental Hygienists Award—
Susan Melton

Congratulations !!

TDHA Special Service Award—
Carmen Pinkston

Distinguished Service Award—
Dr. Ruth Ketron

Above and Beyond Award—
Sherri Bush

“President” (continued from page 1)

“Teamwork is the ability to work together toward a common vision. The ability to direct individual accomplishments toward organizational objectives. It is the fuel that allows common people to attain uncommon results.”

I have taken the extra step to volunteer for this office; please assist me in the trail ride this year for TDHA!! Let's blaze some new trails for Dental Hygiene!! - Mary Sue McFarland

*** ELECTION YEAR ***

Election Day is Tuesday, November 6! Remember to perform your civic duty and exercise your right to VOTE!. All TDHA members should get involved. If you have questions on how to get involved please contact Mike Bivens, our lobbyist, by email at:

mebivens@comcast.net. He will give you suggestions on how to get involved or to see if your legislators have an ideology in line with the goals of TDHA.



ADHA Senior Delegate Report Carmen R. Pinkston

The ADHA's 89th CLL Annual Session was again a wonderful experience. From the exhibits, to the continuing education courses, to the business meetings and everything in between was fun, enlightening, and inspiring. I was happy to represent Tennessee one more time as the Senior ADHA delegate and was pleased to share delegate duties with Kelly Gross who completed her term as ADHA Jr. Delegate; Diana Saylor, Delegate; and Susan Melton, Alternate Delegate who bravely volunteered to be a page at the Business sessions and mega issues forum. When I arrived in Phoenix on Friday, I was asked to add Donnella Miller as an Alternate Delegate by Diana Saylor which was done on Saturday before the Business sessions commenced. Aside from the House of Delegates, I attended the following workshops:

1. A mega issues workshop determining how ADHA can help hygienists to adapt and be successful in diverse work settings. An environmental scan was developed as a resource for us to use as a reference for our discussion. This document is invaluable and I strongly encourage District Trustees to use this for discussions among your districts. The link to download the environmental scan is http://www.adha.org/downloads/ADHA_Environmental_Scan.pdf.
2. A diversity panel discussion that consisted of a Hispanic, 2 Blacks, and one lesbian, discussing how human beings relate to one another based on race or orientation and how that can transcend into our profession and dictate how we serve a diverse community.
3. An association update provided information on States that gained membership and States that had significant losses. Tennessee should be proud as we have had an increase in membership for the past couple of years. Another item discussed was that CODA has now determined that a needs assessment be done prior to opening a new Dental Hygiene program.
4. A panel discussion on Coalition building reinforced the next steps in our legislative process which is to establish strategic allowances; develop a strong grass roots base; and generate resources..

There were 10 resolutions and 3 proposed bylaws amendments that were discussed during the House of Delegates. I will include three of the resolutions and I would encourage you to contact me at Chinds4me@gmail.com to forward you my complete Senior delegate report with all of the adopted resolutions and Bylaws amendments.

After much discussion; the definition of Nutrition and health literacy (in separate resolution) was adopted; a resolution on professional development that reads **"the American Dental Hygienists' Association advocates the role of dental hygienists in research including their contributions to interdisciplinary studies and practice"** was adopted; a resolution regarding the establishment of a dental home and the initial dental visit was resolved by a substitution to the resolution to read **"That the American Dental Hygienists' Association advocates an oral assessment and establishment of a dental home for all children soon after the eruption of the first primary tooth or by twelve months of age"**. Thank you for the opportunity to serve our or-

ganization as Sr. delegate, and lest I forget, my hand and heart reaches out to our District VI Trustee, Victoria Richards for her spirit, her guidance and her patience during our business meetings. Congratulations to Donnella Miller, our new District VI Trustee.

Should you have questions or want to know in detail more information regarding any of the sessions or pane discussions, I am a click away by email or telephone. Thank you again and I look forward to a successful year.
—Carmen R. Pinkston

Information You Can Use—Address Change

Change your address at the Board of Dentistry within 30 days of moving or changing practice location. You can change your mailing address online at the Licensure renewal site or by mailing your address change to the board office.

Tennessee Board of Dentistry
227 French Landing, Suite 300
Heritage Place Metro Center
Nashville, TN 37243



WHAT IS WRITTEN PROTOCOL ?

The Tennessee Dental Hygienists' Association has recognized that access to care for underserved populations and an oversaturated job market in Tennessee demanded a proactive approach. In researching how best to address these issues, an opportunity presented itself that allowed the TDHA to develop a workforce model that would target vulnerable populations and benefit hygienists.

The Tennessee State Health Commissioner, John Dreyzehner approached our Lobbyist, Mike Bivens, to see if our organization would be interested in being able to provide oral health care to individuals in nursing homes. In 2012 under the guidance of then President Diana Saylor, Chair of Council on Regulation and Practice Donnell Miller, State Senator Jim Tracy, State Representative Matthew Hill, and Lobbyist Mike Bivens, the TDHA developed and successfully passed a written protocol legislation.

A written protocol is an agreement between individuals, groups, etc., the sets forth terms for a working relationship. In our case, it is an agreement between dental hygienists and dentists to work in settings outside of private practice. With this legislation, dental hygienists can now work under general supervision in nursing homes, skilled care facilities, public health centers, and nonprofit clinics. A dentist may not contract with more than 3 hygienists and a hygienist cannot contract with more that 3 dentists. One of the major requirements for hygienists is that we must complete 6 hours of Public Health continuing education.

To view the specifics of the Bill, please visit www.tndha.org as well as finding sample templates for written protocol. Should you need further information or have any questions, contact TDHA President Mary Sue McFarland (molarscrubber@aol.com) or Carmen Pinkston, Chair of Regulations and Practice (chinds4me@gmail.com)

TDHA STUDENT AWARDS

Outstanding Dental Hygiene Student

Chattanooga State Community College
Renee Rymer

Concord Career College
Lyndsay Westerman

East Tennessee State University
Mary Edgar

Hiwassee College
Laura Quart

Remington College
Maura Kelley

Roane State Community College
Wendy Snyder

Tennessee State University
Kelly Simmons

University of Tennessee at Memphis
Rawleigh Hartzell

Student TABLE CLINIC Awards

1st Place

ANKLYOGLOSSIA
TN State University
Mikaela Gray

2nd Place

WHAT'S ON YOUR BRUSH?
TN State University
Jessica Wood & Brooke Gaw

3rd Place

Fetal Alcohol Syndrome
Remington College
Rachel LaRoy & Alex Law

*****Hygienists for Progress*****

**PIECING TOGETHER THE PUZZLE:
PUBLIC HEALTH, WRITTEN PROTOCOL AND YOU**

Course Objectives

- Identify alternative modalities of dental hygiene patient care
- Fulfill requirement for Public Health CE under Written Protocol
- Empower hygienists to serve an underserved population

SPEAKERS:

Donnella Miller, RDH, BS
 Evelyn Edwards, RDH
 Mary McClean, RDH
 Sen. Jim Tracy, Sponsor of the
 Written Protocol Bill

Saturday, November 3, 2012
 8:00 am until 2:00 pm

Interfaith Dental Clinic
 1721 Patterson St.
 Nashville, TN 37203

Cost \$80.00
6 CEU's

Lunch sponsored by:
 GSK
 Patty Uselton

To register, email or call Diana Saylor for more information:
dianasaylor@gmail.com or 615-473-6715

Or copy this form and mail to: Hygienists for Progress, 1548 Eller Dr., Nashville, TN 37221

Make Check payable to: Hygienists for Progress

Name _____
 Address _____
 Phone _____ Cell _____

All Major Credit Cards Accepted

Card Number _____
 Exp. Date _____ CVV code _____



NEWS YOU CAN USE

WELLNESS COMMITTEE

The Wellness Committee is the new name of the former "Concerned Dental Professionals". Go through this committee to submit names of any dental auxiliary you fear may have a substance abuse issue (drugs, N2O, alcohol). On Board of Dentistry website, click on complaints, concerns, then peer assistance.

****NOTE**** All Webinars are considered online courses as well as home study courses with an online test/evaluation for credit at the end. If a choice is given for mailing a hard copy of the test or submitting it online, choose the hard copy to be mailed for CE credit

WHAT WE HAVE ACCOMPLISHED WITH HYGIENISTS FOR PROGRESS

- 1998-General Supervision for Dental Hygienists
1999-Educational Requirement of Associate Degree from Accredited Program Only
2000-Nitrous Oxide Administration
2002 Promote Access to Dental Care for All People
2004-Administration of Local Anesthesia
2010-Protection of Continuing Education by Limiting Number of Online CE Credits
2012- Written Protocol allowing dental hygienists to enter into an agreement with a dentist to provide care, under general supervision, for patients in some alternative practice settings such as nursing homes, skilled nursing facilities, nonprofit clinics, and public health programs.

HOUR OF EMPOWERMENT ONE HOUR A MONTH YEARLY

EMPOWERING YOU EMPOWERING YOUR PROFESSION

Ongoing mission — To Ensure The Standard Of Oral Health Care, Protect The Integrity Of The Dental Hygiene Profession, Provide a Stronger Voice For Oral Healthcare Concerns And Promote Continued Professional Growth.

PLEASE RETURN COMPLETED FORM TO: HYGIENISTS FOR PROGRESS 1548 ELLER DR NASHVILLE, TN 37221

Email: dianasaylor@gmail.com

You may also mail a check(s) to the address above, or you may create an automatic draft from your checking account directly into Hygienists for Progress' account. For information on the process, contact Diana Saylor, 615-473-6715

I would like to make an ongoing contribution to the Hygienists for Progress, and hereby authorize Hygienists for Progress to charge my debit/credit card under the following terms:

- \$10 a month/year
\$25 a month/year
\$30 a month/year
\$50 a month/year
\$a month/year

I understand I may cancel my automatic contribution at any time by contacting Hygienists for Progress

Debit/Credit Card Number :

Exp. Date CVV#

Signature

Name

Occupation

Address

WkPh HmPh

Cell Phone

E-mail

Corporate Contributions are prohibited. Contributions are not tax deductible.

ETSU Continues Successful Online BSDH



Since 2003
117 online
BSDH
degrees

The BSDH online degree completion offered by East Tennessee State University is one of the oldest and most successful of its kind. The program began in 2001., graduated it's first class in 2003, and since has produced 117 graduates representing 22 states. Feedback from graduates is overwhelmingly positive. A program evaluation survey was done in 2008 which reached 75% of the graduates at that time. All of them said they would recommend the program. Most of the graduates credit the program with giving them a renewed interest and enthusiasm for clinical dental hygiene. Many of the graduates have gone on to complete master's degrees, some have

taken teaching or public health positions, and others have used the degree to springboard into totally different career paths. All reported receiving multiple benefits from the program. The program is designed to be flexible, allowing students to go at their own pace, or to sit out of the program for a few semesters if they need to. Students are accepted to begin in August and January and most students finish the program within 2-3 years, taking part-time course loads. The program website is www.etsu.edu/crhs/allied_health/bsdh. The program coordinator is Dr. Debbie Dotson, who can be reached at: dotsond@etsu.edu

For information about your district, locate your county in the list below. Contact the President or Trustee of your District for meeting dates, membership information, and local continuing education courses.

TDHA District Officers

1st District

Carter, Hawkins, Johnson, Sullivan, Unicoi, & Washington Counties

Trustee * Cindy Godfrey * cgodfrey1@yahoo.com
 President* Bambi Snapp* bambisnapp@yahoo.com
 Immediate Past President* Ronda Poland
 rcpoland@charter.net
 Vice President* Amy Taylor * ataylor328@gmail.com
 Co-Secretary * Susan Avery * skavery56@hotmail.com
 Co-Secretary & Job Placement * Debbie Liddle
 dentaldeb@charter.net
 Treasurer * Sharon Gryder * slgryder@gmail.com
 CE Chair & Contact Person * Cindy Godfrey
 cgodfrey1@yahoo.com

2nd District

Hancock, Claiborne, Campbell, Scott, Grainger, Hamblen, Union, Anderson, Cocke, Sevier, Jefferson, Blount, Knox, Monroe, Loudon, Roane, and Morgan Counties

Trustee * Pam Gavin * pamela.gavin@hotmail.com
 President * Janna Ray * jannaray@charter.net
 Vice President * Jadeadamsrdh@yahoo.com
 Secretary * Sondra Roberts * dentaljanitor@comcast.net
 Treasurer * Kelly Gross * kgrossrdh@comcast.net
 CE Chair * Susan Melton * slmrdh@comcast.net
 Historian * Patti Johnson * pattijunejohnson@americantrail.com

3rd District

Bledsoe, Bradley, Grundy, Hamilton, Marion, Meigs, McMinn, Polk, Rhea, Sequatchie, & Van Buren Counties

Trustee * Cindy Taylor * msfloss@live.com
 President * Keri Adams * Dentalchick1878@yahoo.com
 Immediate Past President * Keri Adams
 Vice President * Sonya Lane * sonyardh@comcast.net
 Secretary * Rebecca Hawks * rebeccahawks@epbf.com
 Treasurer * Janna Mansfield * jannaLMansfield@gmail.com
 Newsletter Editor/Website Editor * Sherry Bush
 smbush@charter.net
 CSCC/SADHA Liaison * Angie Maida *
 angie.maida@chattanoogaastate.edu

4th District

Bedford, Coffee, Franklin, Giles, Lincoln, Marshall, Moore, & Rutherford Counties

Trustee * Lisa Reeves * lisardh60@charter.net
 President *
 Vice President *
 Secretary *
 Treasurer *
 CE Chair *

5th District

Cheatham, Davidson, Dickson, Hickman, Lawrence, Lewis, Macon, Maury, Sumner, Trousdale, Williamson, & Wilson Counties

Trustee * Gary Lee Lewis * glewisnadhs@yahoo.com
 President * Rebecca Gates * rgatesnadhs@yahoo.com
 Immediate Past President * Nicki Raines *
 nlraines@comcast.com
 Vice President * Janelle Dodson * jdodsonnadhs@yahoo.com
 Secretary * Amanda Griggs * agriggsnadhs@yahoo.com
 Treasurer * Holly Hill * hhilladhs@yahoo.com
 Employment Officer * Judy Riggan *
 judyriggannadhs@yahoo.com

6th District

Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Overton, Pickett, Putnam, Smith, Warren, & White Counties

Trustee * Mylon Simpson
 President * Kim Birdewell * fanslerkimberly@yahoo.com
 Vice President * Berkley Richardson* Berkdickson@gmail.com
 Secretary * Jamie Watts * jwatts0503@gmail.com
 Treasurer * Kim Smith tejahsmom@hotmail.com

7th District

Benton, Carroll, Chester, Crockett, Decatur, Dyer, Gibson, Hardeman, Haywood, Henderson, Henry, Lake, Lauderdale, Madison, McNairy, Obion, Perry, Wayne, Weakley, Counties

Trustee * Lori Higgins * lhiggins4@hotmail.com
 Slate of Officers TBA at later date

8th District

Henry, Houston, Humphreys, Montgomery, Robertson, & Stewart Counties

Trustee * Lacy Wilson * teacherrdh@gmail.com
 President *
 Vice President *
 Secretary *
 Treasurer *

9th District

Fayette, Shelby, & Tipton Counties

Trustee * Pat Jacobs * patricia.jacobs.rdh@gmail.com
 President * Whitney Howerton * whitneyhowerton@gmail.com
 Vice President * Meredith Melvin * mere.melvin@gmail.com
 Secretary * Pat Jacobs * patricia.jacobs.rdh@gmail.com
 Treasurer * Brenda Schreiber * Brenda.schreiber@yahoo.com
 Communications * kail0042@centurytel.com
 President Elect * Lisa McFadden



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TDHA Website

[Www.tndha.com](http://www.tndha.com)

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*****Celebrate 100th Anniversary of ADHA 2013*****



2013 marks the 100th anniversary ADHA's CLL at the Annual Session of the dental hygiene profession. sion is the prime example of how "Proud Past, Unlimited Future" is we as dental hygiene professionals the theme of this coming year's can come together, network, and CLL and ADHA is pulling out all empower ourselves to advance the the stops to ensure this celebration profession forward. It's up to each culminates at the Center for Life- of us to take ownership of our ca- long Learning at the 90th Annual reers and lay the groundwork for session in Boston June 19-25, 2013. success - and ADHA's annual meet-

Come together as a community to reflect on the great strides dental hygiene has made in the past century as well as celebrate the limitless possibilities of future advancements in the profession.

*Donnella Miller—District VI Trustee
donnellardh@yahoo.com*