



HY-SPY

The Official Newsletter of the Tennessee Dental Hygienists Association

Fall 2009

www.tndha.org

Issue 1 Vol. 50

Page 2
President's Perspective

Page 3
Contact Information

Page 4
Delegate Report

Page 5
CE Information and
Important Dates

Page 6
2009 Annual Session

Page 7
2010 Annual Session

Page 8
Online Chemical
Dependency

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Hygienists' Association
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What has TDHA done for you??

TDHA's progressive and innovative Vision has created these changes to the way Dental Hygienists' provide services.

- 1998** General Supervision of Dental Hygienists
- 1999** Protect the Educational Integrity of Dental Hygiene: Requiring ADA CODA Accreditation for licensure
- 2000** Administration of Nitrous Oxide by Dental Hygienists
- 2002** Expanded Functions for Dental Auxiliaries
- 2003** Included Professional Judgment and Skill to Dental Hygienists' Scope of Practice
- 2004** Administration of Local Anesthesia by Dental Hygienists

TDHA is committed to advancing the art and science of our profession.

**Log onto tndha.org to find out more about becoming a member and
to stay informed of future legislation.**

PRESIDENT'S PERSPECTIVE

By Donnella Arrington

On March 31, 2007 at 7:30pm the citizens of Sydney (Australia) switched off their electricity for one hour to show that they cared about global warming. Other communities in other parts of Australia and across the world did the same thing at the same time as a show of solidarity. In Sydney, 2.2 million people and 2,100 Sydney businesses also turned off their lights. This collective effort reduced Sydney's energy consumption by 10.2% for this one hour, which is the equivalent effect of taking 48,000 cars off the road for a year. Since 2007 this event has spread world wide and is now know as Earth Hour and on March 28, 2009 an estimated 50 million people world wide participated in this event, showing their support of the environment. One hour in one community became a world wide phenomenon. Reading this article I started thinking how cool-what a difference "one" can make.

This article clicked with me. It made me think about the upcoming year and what I envision for TDHA this year and what power there is in the number one. Ones surround us in life. They make us feel limitations, like I am only one person, what difference can I make? Ones make us feel regrets, like if only I can take back that one time! Ones can also make us feel indifferent, like it was only one time, no big deal. But these ones do make a difference in our lives and I am going to share some of my ones that have made the person I am today. Most remember the one day our husband asked us to marry them, the one day we graduated from Dental hygiene school. Some of the bad ones also come to mind, like the day my one son told me he was going to Iraq or the one day my mom was diagnosed with breast cancer. For better or worse those ones make up who we are and how we are affected.

Over the past couple of years we have seen a shift at ADHA. ADHA has recognized that people don't belong to the professional organization for varieties of reasons but 3 stood out-(1) not feeling a connection or a sense of belonging (2) not feeling like they (meaning one person) can make a difference and (3) not feeling as though ADHA does anything for them.

TDHA has a tremendous opportunity this year to grow our profession and association. With the recent decline of the economy and jobs being reduced or eliminated belonging to your professional organization is more important then ever. Creating new opportunities for us to practice are essential in growing our profession. Things like implimenting credentialing to allow us to be caregivers in nursing homes, hospitals or school hygienists, creating a sub board for dental hygiene regulation, and becoming providers for medicare or tennicare are all avenues to pursue, but it cannot be done without you!! One person does make a difference, so I have decided to make this year the year about ones.

First, One **voice**. As members of our professional association others look to us for guidance and leadership. We have to be on the same page!! As leaders we have a responsibility to get the word out to our grassroots members. Information regarding upcoming events within the association, upcoming meetings, and changes in rules or laws that affect how we practice need to be passed along to all hygienists. Responsibility must also be taken by those who receive the information, by participating in these events. Even if you cannot attend events or meetings, pass the information on to those who are able to. Send emails to trustees voicing your opinion about proposed rule changes or ideas you may have for the association. Attendance is not mandatory, but participation is to see our profession grow.

The second is one **vision**. What is your vision for our profession? Is it the same as the person next to you? This past year the leadership of TDHA held their annual strategic planning session to design a roadmap for us. We have included visions regarding fundraising, ideas for encouraging students during school and immediately after graduation, and ideas of how to make annual better by including nationally known speakers, offering leadership training and keeping the house of delegates (ALL of this were accomplished at the 2009 annual session) Strategic planning is vital to your profession. It gives us a blueprint to follow to allow and keeps the association focused. As part of the profession of dental hygiene do you know TDHA's vision? Do you know where we are and more importantly where we are headed? The leadership needs your input.

The last element is one **association**. ADHA is the single most powerful voice for the profession's collective goals and TDHA shares in that goal. It is our professional responsibility to stay current with information that affects our patients, their care and their health. We must also stay current of rules and laws that govern our profession. The best way to ensure you have accurate, safe and reliable information is to be a member of TDHA. For those who are not members, I encourage you to join and become part of an organization that is designed for you. ADHA and TDHA has the tools to give you knowledge and self confidence, it gives you professional credibility and helps you to reach your professional goals. As professionals we have a duty to support those who have supported us. Growth within the profession is directly attributed to the members of TDHA. Their diligence to expand the scope of practice has allowed us the ability to provide care to patients when the dentist is not in the office and administer anesthesia. Becoming a member of your professional organization gives you the opportunity to network with other professionals, and impact the future of dental hygiene. To those who are members, thank you for your continued support and vigilance. You have made a difference.

To those of you who are leaders in our association, we now have a commitment not just to members of TDHA but to all hygienists in the state of Tennessee. You need to decide how we are going to grow the professional organization. Are we going to be inclusive or exclusive? Are we going to be alienating or inviting? And are we going to open or obstinate?

As your new leader I have decided to be inclusive, inviting and open. Throughout the year, I will be visiting every district and providing a town hall atmospere. Please encourage all hygienists from your area to come to that visit and let me hear what they have to say about the profession and how TDHA can help them, as well as providing feedback to me. We are all in this together and together we can make a difference.

One voice, one vision and one association. It's all about the power of one.

NEED MORE INFORMATION?

Here is who to contact about local meetings, how to join ADHA, legislation updates... anything you need.

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tdhadirector@gmail.com

District VI Trustee: Victoria Richards
victoriardh@bellsouth.net

1st District

fddhs.tripod.com/

Carter, Greene, Hawkins, Johnson,
Sullivan, Unicoi and Washington Counties

Trustee: Bambi Snapp: bambisnapp@yahoo.com
President: Clare Snyder-Branch: (423) 323-3615

2nd District

Hancock, Claiborne, Campbell, Scott, Grainger, Hamblen,
Union, Anderson, Cocke, Sevier, Jefferson, Blount, Knox,
Monroe, Loudon, Roane, and Morgan Counties

Trustee: Kelly Gross: kgrossrdh@comcast.net
(865) 603-8016
President: Marjorie McCall: (865) 670-9996

3rd District

www.cahds.com

Bledsoe, Bradley, Grundy, Hamilton, Marion, Meigs, McMinn,
Polk, Rhea, Sequatchie, and Van Buren Counties

Trustee: Elaine Elder: elaineelder@charter.net
President: Sarah Jenkins: pistolball@yahoo.com

4th District

Giles, Marshall, Rutherford, Bedford, Lincoln, Franklin,
Moore, and Coffee Counties

Trustee: Lisa Reeves: lisardh60@charter.net
(931) 607-7495

President: Linda Sudberry: lsvan@united.net
(931) 294-5854

5th District

Sumner, Macon, Trousdale, Wilson, Davidson, Cheatham,
Dickson, Hickman, Williamson, Maury,
Lewis, Lawrence Counties

Trustee: Melanie Crosby: mcrosbyrdh@live.com
President: Spring Whited: kswhited@bellsouth.net

6th District

Pickett, Fentress, Clay, Jackson, Overton, Smith, Putman,
DeKalb, White, Cumberland, Cannon, and Warren Counties

Trustee: Beth Johnson: valeriebeth@live.com

7th District

Lake, Obion, Weakley, Henry, Dyer, Gibson, Carroll, Benton,
Lauderdale, Crockett, Tipton, Haywood, Madison, Henderson,
Decatur, Perry, Hardeman, McNairy, Marin,
and Wayne Counties

Trustee: Kathy Schaal: schaal1957@charter.net
President: Catherine Betts: bettscomb@aol.com

8th District

Stewart, Montgomery, Robertson,
Houston, and Humphreys Counties

Trustee: Rita Bills: ritabills@bellsouth.net
President: Pat Curtis: patricia.curtis@us.army.mil

9th District

Fayette and Shelby Counties

Trustee: Eleta Reed-Morgan: ereedmor@utm.edu

Senior ADHA Delegate Report

by Cindy Godfrey

I attended ADHA's 86th Annual Session in Washington in June. Victoria Richards (District VI Trustee), Diana Saylor (ADHA's incoming senior delegate for TDHA), Donnella Arrington (ADHA's delegate for TDHA), and Beverly Atkins (ADHA's Alternate delegate for TDHA) attended all caucuses and all House of Delegates meetings. We voted on all Policy & Procedure resolutions that went before the HOD and we voted on ADHA's By-Laws changes. The by-laws changes was quite an undertaking due to the fact that this was the first time since the early 80's the by-laws have been updated. These changes had to be made to get ADHA in compliance with Illinois state laws. (ADHA is based in Chicago, IL) The updated bylaws and Policy & Procedures resolutions that were voted on and passed are on ADHA's website for your viewing pleasure. Please take the time to read these changes-this is your professional organization .

Donnella Arrington and Diana Saylor served as ADHA table clinic judges. Victoria Richards, Donnella Arrington, Diana Saylor and two student delegates from District VI stormed Capitol Hill for ADHA's Annual Lobby Day. They were able to talk to our legislator's assistants and Congressman Elijah Cummings moved everyone when he spoke about Deamonta Driver who was 12 years old when he died as a result of an untreated dental abscess. Congressman Cummings reminded ADHA that as hygienists, we do have a voice and we can be heard. Remember -PUT TEETH IN HEALTH REFORM!

Beverly Atkins served as a Page in the ADHA House of Delegates and Diana Saylor was named to ADHA Council of Public Relations. Our District VI Trustee, Victoria Richards, was named as chair for council on Student Relations, board advisor for member services council, and named to the council on Annual Sessions in PREPARATION FOR ADHA'S ANNUAL SESSION IN NASHVILLE, TN IN 2011. ADHA's Annual Session 2010 will be held in Las Vegas, Nevada, June 23-29, 2010.

TDHA should be very proud! We were the winner of the largest donation for category II organizational giving to the Institute for Oral Health. Congratulations!

In closing, I would like to thank TDHA for allowing me to be your ADHA delegate. It was truly an amazing experience and I would like to encourage all of you to go to an ADHA annual session.

Respectfully submitted: Cindy Godfrey, RDH



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Featuring Dental-Theme T-shirts, Hoodies, Canvas Bags,
Framed Art, Mugs, Mouse Pads, Clocks, & Personalized Items

Continuing Education Requirements for TN Dental Hygienists

(30 hours every two years)

New licensees and new registrants are exempt from the provisions of subparagraphs (1) (a), (1) (b), and (1) (c) during their initial two (2) calendar year (January 1 - December 31) cycle, starting with an odd-numbered year if it is the year of initial licensure or registration, or starting with the odd-numbered year if it precedes an even-numbered initial licensure or registration year. (*i.e. we all end on an even year*)

- 2007 grads must start CE requirements Jan 2009
- 2008 grads must start CE requirements Jan 2011
- 2009 grads must start CE requirements Jan 2011

ANNUAL TN OSHA TRAINING

(Not a state licensure requirement)

TN OSHA requires your employer to provide annual training in bloodborne pathogens and hazard

TDHA... IS ON FACEBOOK

FIND OUT HOW TO TRANSFER YOUR LICENSE, WHAT TO DO IF YOU HAVE MOVED, AND GET UPDATED INFORMATION FROM THE TN BOARD OF DENTISTRY!!
GO TO WWW.TNDHA.ORG FOR MORE INFORMATION

**Board of Trustees
Meeting Dates
EVERYONE WELCOME**

**Pre Annual Session BOT
February 6-Nashville
*snow date - February 20
email tndhadirector@gmail.com
for more information**

**Annual Session 2010
April 23,24,25
Cool Springs; Embassy suite**

IMPORTANT ADHA DATES

ADHA Annual Session
June 23-29, 2010
Las Vegas

HEY, GET READY!!!

ADHA ANNUAL SESSION
IS COMING TO NASHVILLE
IN 2011!!

watch our website for more information

House of Delegates RESOLUTIONS 2009

PR 1-7-08 Line item 006

Resolve to approve over expenditure in 2007-2008 budget for Treasurer \$43.97. Justification: This is due to the fact that TDHA had to buy a new QuickBooks for the new treasurer; the budget was \$1000 but actual amount spent was \$1043.97.

BOT recommends adoption; Reference Committee B

PR 2-7-08

2007-2008 Budget Line item 020

Resolve to approve over expenditure for Board of Trustees meetings- \$103.28. Justification: This was for food, drinks, and printing for the board meetings in 2007-08.

BOT recommends adoption; Reference Committee B

PR 3-2-09

Be it resolved that the proposed budget for 2009 and 2010 be approved.

BOT recommends adoption; Reference Committee B

2009 TDHA AWARD WINNERS at Annual Session:

SPECIAL AWARD WINNERS

OUTSTANDING DENTAL HYGIENIST - Beverly Adkins
TDHA SPECIAL SERVICE AWARD - Frieda Pickett
MARY LOU MARABITO AWARD - Susan Solomon
TDHA DISTINGUISHED SERVICE AWARD - Nicki Raines

TABLE CLINIC WINNERS

First Place: Kayla Harville-TSU
Second Place: Ashley Frye, Jade Cooley and Megan Rockett-ETSU
Third Place: Berkley Dickson, Shannon Pierce, and Keisha Pearman-ETSU

OUTSTANDING DENTAL HYGIENE STUDENT AWARDS:

ETSU: Stacy Jackson **ROANE STATE CC:** Lynn Phillips

CHATTANOOGA STATE: Callie Gean & Tonya Smith (tie)

TENNESSEE STATE: Azure Neill

UT-MEMPHIS: Carla Dunn

40+ Hours of Continuing Education for 2009

Donna Board
Kim Birdwell
Ronda Bohannon

June Caine
Melanie Crosby
Kelli Illyes
Patti June Johnson

Valerie Beth Johnson
F. Ruth Ketron
Diana Saylor

Lesia Senesac
Mylon Simpson
Schelli Stedke

WE NEED YOUR INPUT ABOUT THE HYSKY!!

TDHA IS CONSIDERING PUBLISHING THE HYSKY SOLELY ONLINE.

DO YOU READ THE HYSKY ONLINE? DO YOU WANT IT MAILED TO YOUR HOME?

WE NEED YOUR INPUT!! PLEASE EMAIL RCPOLAND@CHARTER.NET WITH YOUR THOUGHTS.

2010 TDHA ANNUAL SESSION

MARK YOUR CALENDAR!!!

April 23-25, 2010
Cool Springs, TN

Here is our opportunity to not only get the CEs that are required, but also meet hygienists from around the state!
Get to know your fellow professionals!!

There will be a great PAC party and an outstanding hospitality suite to boot! It's near Nashville girls!

Watch your mail and stay tuned to our website
tndha.org for upcoming information.

You won't want to miss this.

Dental Assistants, JOIN US, there will be forum
and CEs JUST FOR YOU!

Hy-Spy Editor, Ronda Poland, RDH
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TDHA MISSION STATEMENT

To improve the public's total health, the mission of this association is to advance the art and science of dental hygiene by ensuring access to quality oral health care; increasing awareness of the cost-effective benefits of prevention; promoting the highest standards of dental hygiene education, licensure, practice, and research; and representing the interests of dental hygienists.

Publisher

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The publisher cannot assume responsibility for replacing undeliverable issues.

Please send any address corrections to Tina Ashford
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WWW.TNDHA.ORG
ONLINE CHEMICAL
DEPENDENCY

**TDHA is offering chemical dependency courses *ONLINE*.
2 hours for \$50 (non-members) \$40 (ADHA members)
Thank you to Frieda Pickett and Sherri Bush
for ALL of your HARD work!!
2 CE hours are required every two years.
OPEN TO ANYONE WHO NEEDS THIS REQUIREMENT!**